

**Seguin ISD
School Health Advisory Council
2020 Annual Report**

The Seguin ISD SHAC is coordinated by co-chairs Mark Dibble (Parent) and Kristen Mueller (Staff).

The SHAC has three standing sub-committees-

Social- Emotional Health- Allison Willemin (Chair)
Physical Activity and Nutrition- Ken Heebner (Chair)
SHAC Governance- Luis Moreno (Chair)

Ongoing SHAC goals-

- 1.) Promote student nutrition**
- 2.) Increase opportunities and access to physical activity for all students, staff and community.**
- 3.) Increase parental/community involvement to include support of coordinated school health and the SHAC.**
- 4.) Educate the whole child with health and wellness at the center of academic achievement.**

Notable achievements of 2020-

SHAC provided input and support for SISD Covid-19 response plans-

The SHAC participated in reviews and updates on district Blueprint plans related to Covid-19 response procedures and protocols.

(SHAC Goal 3, 4)

SHAC supports the efforts of the Child Nutrition Department out of school meal service-

The SHAC continues to support and applaud the efforts of the Child Nutrition Department to serve the needs of our students through increased meal service opportunities during the Covid-19 pandemic.

(SHAC Goal 1, 3, 4)

Triennial Assessment of the Wellness Plan-

Efforts continue to support the Child Nutrition Department with a Triennial Assessment of our Wellness Plan.

(SHAC Goal 1, 2, 3, 4)

SHAC membership

The SHAC welcomed a few new members and looks forward to their continued participation.

(SHAC Goal 3)